# THE **EXTSTEP** news for friends and partners



**FALL 2020: ISSUE 16** 

# **DONORS HELP**

# 2.2 MILLION FIGHT COVID

Humanity & Inclusion is facing 61 Covid-19 crises, as the virus weaves through each of the countries where we work. We've seen needs rise quickly among the most vulnerable people—some facing the pandemic without running water.

In Madagascar, Beatrice, a woman with a disability, saw her family's income cut off overnight. "My husband works as an assistant driver of a bush cab between Toamasina and Antananarivo," she says. "He has been unemployed for months. We're tired of eating brèdes (edible leaves), but it's the only food we can afford."

In Pakistan, Humanity & Inclusion teams cover 11 Afghan refugee camps. "We saw the situation rapidly deteriorating during the lockdown," says Angelina Robinson, HI Program Director for Pakistan. "With no income and less food, people can starve. Communities that are unable to cope will have more psychological stress and depression, resulting in even more misery. People with disabilities and children have become impoverished due to the lack of food, and they are more vulnerable to disease and viruses."

It was paramount that relief reached women like Beatrice, and refugees. With their desperation in sharp focus, and the trust of local authorities, our humanitarian teams obtained the rights to act amid lockdowns. In Nepal, Raiu Palanchoke, a progam expert, spoke to families including one member with a disability and found that more than 70% had lost income, and 40% reported food scarcity. "They borrowed money from friends, and reduced the number of meals they ate," he says. Raiu had good news—thanks to donors, he could provide direct cash support to give these families a much-needed boost.

Responses took varying shapes thanks to donors. In India, teams translated health recommendations into sign language and local dialects. In Nepal, physical therapists adapted their rehabilitation sessions (sometimes talking to patients via WhatsApp). In Haiti, donors taught thousands about the virus, while hygiene kits and aid reached tens of thousands of people in Bolivia, Mali,



Six-year-old Aruwa's knee didn't form properly. The Humanity & Inclusion team in Kenya's Kakuma refugee camp has helped her secure an operation, and provides follow-up rehabilitation. Here, she's learning about Covid-19 prevention.

Afghanistan, Laos and beyond.

This work is more intense than ever as the second wave of the virus arrives. Covid-19 has slowed harvesting, denting food production. It disrupted food transportation to markets, and forced some meat-processing plants and food markets to close due to serious outbreaks among workers. Many people in urban centers now struggle to access fruit,

vegetables, dairy, meat and fish.

Before the pandemic, 690 million people (about 9% of the world's population) suffered from hunger. Covid-19 may increase this figure by 130 million before the end of 2020. In Lebanon, for instance, people have endured a serious economic crisis since the end of 2019. A recent report by the World Food Programme showed that Covid-19 has since pushed

nearly one out of every three Lebanese into unemployment. Thankfully, donors have supported thousands of Lebanese people with a range of supports.

Beneficiaries have a better chance to keep the virus and hunger at bay thanks to your incredible support. Between March and August 2020, donors reached 2.2 million people through Covid-specific actions. Thank you!

# Beirut explosion relief continues

On August 4, explosions in Beirut killed more than 200 people, injured more than 6,500 others, and caused widespread material damage. The explosions directly affected 220,000 people living in an estimated 73,000 apartments within 1.8 miles of the epicenter.



Humanity & Inclusion's 100-person team was among the first to assist victims. Thanks to an outpouring of support from existing donors and brand-new friends, staff provided medical first aid kits to victims with light injuries, so they could recover without relying on overstretched hospitals. Specialists supplied rehabilitation care and mobility aids to people with more complex injuries.

Many individuals face a significant road to recovery, and rehabilitation will be a key component of their healing. This includes people who underwent surgery, including those with traumatic injuries such as fractures, amputations,

Chafik Mia, 36, badly injured his leg

brain, peripheral nerve or tendon injuries, or burns.

Donor support means these victims have physical therapists overseeing their recovery, helping them to recover their functional independence and prevent long-term disabilities.

Damaged homes, a dire economic situation, and political turmoil can cause severe anxiety. Donor support has also extended psychosocial support to people traumatized by the explosion.

The situation remains extremely tense. Many families are unable to afford healthcare, and sometimes even food. The political situation continues to cause resentment. The pandemic is an additional burden. Donor support is:

- supporting reconstruction efforts to be accessible to people with disabilities
- · extending disability awareness-raising efforts
- providing access to people with disabilities or injuries to specialized mental health and psychosocial services (with local partner Mousawat)
- · identifying the mental health needs of every individual in a household, alongside other urgent needs-medical, financial, hygenic, nutritional, rehabilitative, etc.

Please help us continue this work. Whatever you can give will make an immediate and lasting difference.

Donate at www.hi-us.org/donate

## **IMPACT** Demining and 3D printing win big



#### **IN FOCUS** Protecting Rohingya refugees amid Covid-19







Tabita is a South Sudanese girl living in Omugo refugee camp in Uganda. She received a 3D-printed, lower-limb brace, after polio affected her legs.

## **Innovation Prize**

Horizon Prize 2020 awarded Humanity & Inclusion with two innovation awards in September, along with a \$2 million prize. Judges praised the organization's use of drones in mine clearance, and its production of high quality, lower-cost braces and prosthetic limbs for people with disabilities.

"A person who needs a prosthesis has to travel to a rehabilitation center for professional treatment at each stage of care," explains Isabelle Urseau, Technical

The European Union Director of the Rehabilitation Unit. "There are few or no centers in many parts of the world. Armed conflicts also restrict travel. By using digital technology combined with 3D printing, we can produce and supply high-quality prostheses and orthoses for less money, and provide quality rehabilitation."

> At the end of 2019, Humanity & Inclusion achieved a demining world-first when it successfully located mines buried in the Chadian desert using drones equipped with infrared cameras.

"We can also map vast areas of contaminated land in record time," explains Emmanuel Sauvage, Armed Violence Reduction Director. "It used to take weeks to investigate a suspected hazardous area. Drones accelerate clearance and land release for local populations."

The prize money allows Humanity & Inclusion to establish a new innovation fund. "These projects reflect

> Testing a drone for demining operations in Chad, alongside partner Mobility Robotics.

something that's in our DNA: a desire to improve the quality and impact of our response using accessible technologies," says HI's Global Managing Director, Manuel Patrouillard. Innovation is not just for specialists. It should be widely accessible. We are committed to that goal."



## Note from the Executive Director



President-elect Joe Biden has an opportunity to send a clear message to civilians caught in conflict that America cares about their fate.

The United States has long been out of step with its allies and the broader global consensus to ban landmines and cluster munitions. The Biden Administration can reset U.S. policy and finally join the Mine Ban Treaty and Convention on Cluster Munitions. Further, the Administration should fully support the diplomatic process towards an international agreement against bombing in populated areas.

Cluster munitions have recently been used in the Azerbaijan-Armenia war. Landmines still cause around 6,000 casualties annually. These two indiscriminate weapons remain a clear danger to civilians. 123 States have joined the Oslo Convention that bans cluster munitions, and 164 States are parties to the Ottawa treaty banning anti-personnel landmines. Meanwhile, the use of heavy explosive weapons in urban areas has become common in modern conflict, with civilians making up 90% of the victims.

The Biden Administration should quickly issue a public commitment against using antipersonnel landmines and cluster munitions, and commit to the diplomatic process that will lead to an international agreement against heavy bombing in populated areas.

Jeff Meer U.S. Executive Director Twitter: @Jeff\_HIUS

# Fighting Covid-19 in Togo

Producing soap →

The costs of hygiene and

cleaning products have risen dramatically

population—especially

the most vulnerable

the goods that can keep

them safe, staff began

manufacturing bleach

and soap. Mobile teams

kits to people in the

poorest areas, where the

virus is rampant.

#### Information by loudspeaker →

In the streets of Lomé, the capital city of Togo, and in the north of the country, Humanity & Inclusion teams broadcast Covid-19 prevention messages through a loudspeaker. "It works very well, because the population wants clear information on what they need to do for themselves, and their loved ones," explains Irène Manterola, Director of Humanity & Inclusion in Togo. "It is important, because there are a lot of contradictory messages."



#### Reassuring inhabitants →

Teams record and broadcast radio programs to reassure listeners, and help them deal with their fear of the virus. "It is important that people are aware of the seriousness of the situation, but do not feel completely powerless," says Manterola. With psychiatrists and psychologists, staff have also set up a free support line that people can call into for help.





# SUPPORTING ROHINGYA REFUGEES

## DELIVERING AID AGAINST THE BACKDROP OF A PANDEMIC



A young Rohingya girl waits in line for an aid distribution in Kutupalong refugee camp in Bangladesh.



In Bangladesh, the Cox's Bazaar refugee camps are home to nearly 1 million Rohingya refugees—fleeing repression by the Burmese army for the past three years. In these densely populated camps, Humanity & Inclusion donors are protecting the most vulnerable from a large-scale health disaster.

More than 860,000 Rohingya live in an area that's just 10 square miles. Since the beginning of the pandemic, these camps have been a sanitation nightmare. With 40,000 people per less than half a square mile, accessing water, hygiene and health care centers is already challenging. Detecting the virus is even more so. For the high number of refugees already experiencing pre-existing conditions, living conditions are almost unbearable.

"The Rohingya population is extremely at-risk for Covid-19," says Jean-Loup

Gouot, director of Humanity & Inclusion in Bangladesh. Covid-19 arrived in the camp in mid-May. The first death, a 71-year-old man, was recorded in June. As in the rest of the country, confinement is the rule: entry to and exit from the camp is forbidden. But this rule has severely restricted the presence of humanitarian personnel.

"Our teams are performing our normal essential activities adapted to Covid-19 precautions," Gouot says. They share stay-healthy informing and raise awareness among the population about effective ways to protect themselves from Covid-19, such as hand washing, keeping a distance, limiting travel and movement. The result is that cases have been stemmed inside the camp. Since the outbreak began, the camps and neighborhoods bordering them have counted 5,000 cases, with fewer than 300 inside the camps.

Distributing clear and reliable information is essential, because rumors spread quickly. Some refugees believe that prayer or an herbal tea will protect them from the virus. Others fear being chased away and killed if they fall ill.



Proximity and limited health services make the Rohingya population extremely at-risk.

"Our teams also identify individuals who have need for medical care and report them to partner organizations," he says. "Meanwhile, the association's physical therapists continue to offer rehabilitation sessions, by respecting the rules of distancing and wearing a mask."

Visit www.hi-us.org/ bangladesh

## Multiple crises

Bangladesh has been weakened by the Covid-19 health crisis, which has profoundly affected its economy. In addition, there is a climate risk, with the country regularly subjected to natural disasters, and 50% to 70% of the territory being regularly flooded due to monsoons. In June, Cyclone Amphan hit the coast, causing widespread destruction.

Local teams are concerned about consequences of these multiple crises: "We need to strengthen support for the poorest people in this country, especially since they are most at risk of being victims of the pending economic crisis," says Jean-Loup Gouot, Director of HI in Bangladesh. "The standard of living among these populations would be profoundly and negatively affected."



A Covid-19 awareness session

## Key figures

Humanity & Inclusion's teams in Cox's Bazaar refugee camps:

Between March and June 2020



In June 2020, the association had already made available

**169** trucks

which transported

653 tons of humanitarian aid

#### **MICRO NEWS**



### VIOLENT TYPHOON

Typhoon Goni struck the Philippines on Nov. 1, killing about 20 people and causing extensive damage. Filipino staff are providing emergency shelters, hygiene kits, and multi-purpose cash grants. Donors will support more than 5,000 households, some of which have lost everything.

#### **BAN MINES**

Humanity & Inclusion is coordinating the Steering Committee of the U.S. Campaign to Ban Landmines, which has created a threestep plan for President-elect Biden to make the world safer, including joining the Mine Ban Treaty and Convention on Cluster Munitions.

### LIBYA

Libyan teams are providing rehabilitation, psychological support, and mobility aids in five health centers and in the homes of people with disabilities. Athome care is critical, because few rehabilitation centers serve women in this region. Donors have provided 1,400 people with rehab since April 2019.

# **GREAT LENGTHS FOR BEIRUT**

James Dugan lives in Chicago, and raised \$2,220 for the emergency response in Beirut by organizing and running a 10K. Humanity & Inclusion is grateful to James and his fellow runners for each step they took to send care & aid to the victims of the Aug. 4 explosions. He took time recently to share his story:

When the explosion in Beirut happened, I felt like we had to help out. My friends and I had been planning a



10K charity race—in part to motivate a friend recovering from an ACL injury, and also to get outside again, after so many other runs had been cancelled due to Covid-19. I found out about Humanity & Inclusion's work in Beirut from a New York Times article providing information about different ways to help. The mission of Humanity & Inclusion just struck me as the right way to go.

I had posted information about the August 22, race on Facebook and Instagram, and a lot of people jumped at the opportunity to challenge themselves. People all over the U.S. and Canada wanted to run

We started a Facebook group where everyone could post their training runs, ask for advice, or share their favorite running songs. The positivity in that group was one of my favorite parts of the whole process. Most of the

"

...we really accomplished something.

runners were in Chicago, but we also had people who had never met before being so supportive of one another in Pittsburgh, Los Angeles, New York, and

We obviously couldn't all run together due to Covid, so we decided on a universal start time. For those of us in Chicago, we picked a landmark statue called "Self-Portrait," created by Keith Haring. It's on the lake shore, and runners had to incorporate it in some way during the run. One of the runners, Jackie, made

custom tie-dyed masks for a lot of us.

The day of the race was great! You ended up seeing people along the run even though everyone was free to pick their own route. My friend Andy just ran to the statue and completed four miles worth of laps around it. His ACL was just fine!

The runners found another cool way of raising money, by selling off spots on their running playlists. For a donation of \$3–\$5, anyone could pick a song that you had to listen to on the run. I finished a little behind the pace I wanted, at 1:03:34, but it felt like we really accomplished something. It was nice to feel connected to a community again. My friend's ACL turned out to be just fine.

We love to feature our donors. Tell us what motivates you to give.

#### **OUR FAVORITE PHOTOS**







# Half of children with disabilities still excluded from schools

A new report looks at the physical, financial, and attitudinal challenges that children with disabilities must surpass to access education in the world's poorest countries. Valentina Pomatto, Inclusion Advocacy Officer for Humanity & Inclusion, explains that only 42% of girls with disabilities complete primary school, compared to 51% of boys with disabilities. "All of these obstacles can and must be overcome," she says.

Right now, Humanity & Inclusion donors are funding 52 education projects in 27 countries in Africa, the Middle East, and Asia. Humanity & Inclusion works to increase the school enrollment of children and young adults with disabilities.

Raphaël is nine, and lives with a disability in the Democratic Republic of the Congo. Donors stepped in to pay for his rehabilitation and crutches, and helped make his school more inclusive overall.

## AS A LEGACY DONOR, YOU CAN TRANSFORM A FUTURE WE ALL SHARE











## YOUR

# SIMPLE GIFT

**CAN MAKE A SIGNIFICANT IMPACT** 

Planned giving ensures that your generosity reaches generations to come, while you and your family enjoy the benefits of smart financial planning today. It could be your most powerful and lasting legacy, ensuring that your generosity can support marginalized groups the moment help is needed.

### JOIN OUR LEGACY SOCIETY

If you choose to make a planned gift to Humanity & Inclusion, we would be honored to recognize your extraordinary commitment as a member of our Legacy Society.

For more information on how you can become a member of our Legacy Society, email Jeff Meer on j.meer@hi.org or call (301) 891-2138

www.hi-us.org/legacy